

# BOYLAN CATHOLIC HIGH SCHOOL

## 2008-2009 Student Athletic Handbook

### BOYLAN CATHOLIC HIGH SCHOOL ATHLETIC DEPARTMENT PHILOSOPHY

Interscholastic activities are an important aspect of Boylan Catholic High School. Participation in high school athletics is an extension of what happens in the classroom. **The opportunity for a student to participate in sports is a privilege, not a right. Thus, there is a higher level of expectation from our student athletes and they must abide by certain rules.**

Boylan Catholic High School's purpose is to stimulate and guide students in their spiritual, intellectual, moral, emotional, social and physical development through the acquisition and use of knowledge in the athletic arena.

#### GENERAL INFORMATION

BOYLAN CATHOLIC HIGH SCHOOL  
ATHLETIC DEPARTMENT INFORMATION  
4000 ST. FRANCIS DRIVE  
ROCKFORD, IL 61103

A.D. TELEPHONE: (815) 877-9975

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E-MAIL: [boylanad@boylan.org](mailto:boylanad@boylan.org)

WEBSITE: [www.boylan.org](http://www.boylan.org)

PRINCIPAL:

ATHLETIC DIRECTOR:

CONFERENCE:

NICKNAME:

COLORS:

Rev. Paul M. Lipinski

Paul Heitkamp

Northern Illinois (NIC-10)

Titans

Green and White

The Athletic Director, Mr. Paul Heitkamp, is responsible for all matters pertaining to the athletic program including scheduling of contests, ordering athletic equipment, maintaining an inventory of all athletic equipment, and arranging transportation to all athletic events. The athletic department office is located in the auxiliary gym at the west end of the school.

Boylan Catholic High School is a member of, and adheres to the rules and regulations of the Illinois High School Association ([www.ihsa.org](http://www.ihsa.org)) and the Northern Illinois Conference (NIC-10). The other members of the NIC-10 are: Belvidere, Belvidere (North), Freeport, Machesney Park (Harlem), Rockford (Auburn), Rockford (East), Rockford (Guilford), Rockford (Jefferson), and Rockton (Hononegah).

## **CODE OF CONDUCT**

All students who wish to participate in a sport at Boylan Catholic High School will need to complete a permission/waiver sheet, sign it and have it signed by their parent(s)/guardian(s). This indicates that they have downloaded or received and read the athletic handbook and will abide by the rules set forth in the handbook. A copy of the permission sheet is available online or may be provided by the coach or athletic director

We assume the responsibilities of the following pledge for the entire year, not just the school year.

### *1. ALCOHOL and DRUGS*

No athlete, during his/her athletic career at Boylan Catholic High School, shall be involved in any drinking of alcohol or illegal drug use infraction.

In addition, should the student be in attendance at a party where illegal activities are occurring, the student will be considered an active participant should they fail to leave the party.

Penalty:

- A. First Offense--Participating Season: Suspension for one third of the scheduled contests during the season and probation for the remainder of the school year. The athlete may be required to attend practice during the suspension.
- B. First Offense--Non-participating Season: The student will be placed on probation for the remainder of the school year.
- C. Second Offense: A second offense, whether during a participating season or non-participating season will result in the exclusion of the student from all sports for the remainder of the school year.

## 2. *TOBACCO*

No Boylan athlete shall use tobacco products.

Penalty:

- A. First Offense--Participating Season: Suspension for one tenth of the scheduled contests during the season and probation for the remainder of the school year. The athlete may be required to attend practice during the suspension.
- B. First Offense--Non-participating Season: The student will be placed on probation for the remainder of the school year.
- C. Second Offense: A second offense, whether during a participating season or non-participating season will result in a suspension for one third of the contests in the sport they are participating in or the next sport they will participate in.
- D. Third Offense: A third offense, whether during a participating season or non-participating season will result in the exclusion of the student from all sports for the remainder of the school year.

## 3. *CURFEW*

Members of athletic teams shall observe municipal curfew laws and curfew hours set by the coach in each sport.

## 4. *SCHOOL CODE OF DISCIPLINE*

Students shall adhere to the code of discipline (demerit system) established by Boylan Catholic High School.

Penalty: See the Student Handbook for rules and penalties.

## 5. *ILLINOIS HIGH SCHOOL ASSOCIATION RULES*

Students shall adhere to the rules of the Illinois High School Association (IHSA). Rules are available at the IHSA website: [www.ihsa.org](http://www.ihsa.org).

Penalty: See Student and/or Athletic Handbook for rules and penalties as established by the IHSA.

## 6. *SCANDAL*

No athlete should allow himself/herself to become part of a situation that will cause embarrassment, injury, scandal, or loss of image to parents, school, or self.

Penalty: Disciplinary action will be determined by the school (including coach, athletic director, and administration).

## REQUIRED INFORMATION NEEDED BEFORE THE SEASON STARTS

1. *PHYSICAL EXAM* - Prior to the beginning of a sports season, a student must have on file a physical examination signed by a licensed physician. An incoming freshman or a transfer student must have the required school entrance physical. A physical is valid for one calendar year from the date of the physical. It is recommended that physicals be taken after June 1st. An athlete WILL NOT be allowed to start practice without a current physical exam form on file with the school.
2. *EMERGENCY FORM* - Prior to the beginning of the sports season and school year all students must have on file an emergency form filled out completely. Coaches are required to bring these forms to practices and competitions in case of an emergency.
3. *INSURANCE* -The school/diocese does not carry medical insurance for injuries to students while participating in a Boylan sponsored sport. Diocesan policy requires that parents provide "proof of adequate insurance" before students are allowed to participate in any organized sport.
4. *PERMISSION / WAIVER SHEET* - Signed by student and parents/guardian.
5. *PARTICIPATION FEE* - Participation fees are to be turned in to the coach prior to the beginning of the first practice. In the event that a student does not make cuts, the fee will be returned to the parents/guardian. The participation fee for each student is \$65 for the first sport and \$35 for a second sport, with a two sport maximum assessment.

## TEAMS AND HEAD COACHES

Boylan Catholic High School offers participation in the following sports during the course of the school year:

	<b><u>SPORT</u></b>	<b><u>LEVELS</u></b>	<b><u>HEAD VARSITY COACH</u></b>
	Football	V,JV,S,F	Dan Appino
	B. Soccer	V,JV,F	Christopher Mera
	G. Volleyball	V,JV,F	Amanda Carlson
F	G. Tennis	V,FS	Steve Price
A	G. Swimming	V,FS	Christine Kowalski
L	Cross Country	V,FS	Linda Schmitt
L	(Boys and Girls)		
	B. Golf	V,JV,FS	Johnny Canova
	G. Golf	V,FS	Debbie VanSistine

	<b><u>SPORT</u></b>	<b><u>LEVELS</u></b>	<b><u>HEAD VARSITY COACH</u></b>
W	B. Basketball	V,JV,S,F	Steve Goers
I	G. Basketball	V,JV,S,F	Kim Connell
N	Wrestling	V,JV,F	Nick Mason
T	B. Swimming	V,FS	Brian McGuire
E	Bowling	V,FS	Steve McGriff
R	(Boys and Girls)		
	G. Cheerleading	V,S,F	Jeannine Ferger

	<b><u>SPORT</u></b>	<b><u>LEVELS</u></b>	<b><u>HEAD VARSITY COACH</u></b>
S	Baseball	V,S,F	Christopher Rozanski
P	Softball	V,JV,F	Marc Washington
R	G. Soccer	V,JV,F	Mark Couper
I	B. Track	V,FS	Jeff Phad
N	G. Track	V,FS	Linda Schmitt
G	B Tennis	V,FS	Steve Price

## ADDITIONAL INFORMATION

1. *HEALTH AND INJURIES* – If an individual has any special medical problem, the parent must inform the school in writing. This is essential to safeguard your son's or daughter's health. Any injury occurring during practice or a contest is to be reported to the coach and/or trainer immediately.
1. *TEAM SIZE* - Every attempt will be made to allow as many students to participate in each sport. Practical situations such as facilities, number of coaches, available playing time, etc. dictate that in certain situations, a team will have to be cut down to a manageable size.
3. *ATTENDANCE AT PRACTICE SESSIONS* - Coaches have the option to penalize an athlete for missing a practice or a game. Athletes that repeatedly miss practices or games may be dismissed from the team. Please do not schedule vacations during a sports season your son or daughter is participating in even though the general school population may be on an extended break.
4. *TRANSPORTATION* - When the school provides a bus or a van, the athlete is required to travel with the team. Parents who find it necessary to transport their son or daughter home from a contest must notify the coach in person that they are taking their son or daughter home with them. In the event a parent needs their son or daughter to ride with another student's parent(s), a permission slip must be signed by the student's parent and given to the coach.
5. *EQUIPMENT* - Each athlete is responsible for the proper care and safe keeping of the equipment issued. Athletes and/or parents will be held accountable for the current replacement cost for lost, stolen, or damaged equipment or uniforms.
6. *NIC-10 SCHOLAR ATHLETE* - An athlete must receive a varsity letter and have a 3.3 GPA for the designated quarter for their sport.
7. *ATHLETIC AWARDS* - All athletes that complete a season will be given a certificate of participation. Plus the following:  
  
Freshman Level - Numerals for participation and completion of the season.  
Sophomore or Junior Varsity Level - Minor B for participation and completion of the season.  
Varsity Level ( 1st year ) - Major green B for participation and completion of the season.  
Varsity Level ( 2nd, 3rd, or 4th year ) - Major white B for participation and completion of the season.
8. *AWARDS NIGHT* - Coaches have the option to determine the awards night activities. Boylan will provide MVP and MIP (or comparable awards) player plaques to members of varsity teams.
9. *HEALTH AND INJURIES* - Boylan High School has a working relationship with Rebound Therapy Center. A trainer from Rebound is present at many major sporting events. A trainer is regularly available during the week to check out any injuries that have occurred.

10. *PARTICIPATION IN A SECOND SPORT OUTSIDE OF BOYLAN* - Boylan High School discourages participation in an alternative sport while participating on a Boylan team. It is our belief that this creates a conflict of interest and a compromise of time. IHSA rules prohibit the participation on a second team of the same sport during the defined season of that IHSA sport.
11. *NCAA QUALIFYING STANDARDS* - Please see the student handbook for complete listings of Division I and Division II qualifications.
12. *NCAA CLEARINGHOUSE FORM* - All athletes who intend to play a college sport at either the Division I or Division II levels are required to complete the NCAA Initial-Eligibility Clearinghouse Student Release Form in order to determine their eligibility status. This form is completed on-line at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net). The cost of the Clearinghouse item is \$50.00. The Clearinghouse form should be completed during an athlete's junior year of high school, preferably after completing his/her 6th semester.
13. *SITES FOR BOYLAN PRACTICES AND HOME ACTIVITIES*

<u>SPORT</u>	<u>PRACTICE</u>	<u>COMPETITION</u>
Baseball	Boylan	Boylan
B&G Basketball	Boylan	Boylan
B&G Tennis	Boylan Indoor	Boylan Indoor
B&G Swimming	Boylan Pool	Boylan Pool
B&G Golf	RPD Courses	RPD Courses
B&G Bowling	Park Lanes	Park Lanes
V&S Softball	Huffman Park	Sportscore
Freshman Softball	Ridge Park	Sportscore
Football	Boylan	Titan Stadium
B&G Soccer	Singer Fields	Titan Stadium
B&G Track	Boylan	Titan Stadium
B&G Cross Country	Boylan	Page Park
Volleyball	Boylan	Boylan
Wrestling	Boylan	Boylan



## Illinois High School Association

(For 2008-09 School Term)  
(Revised 3/15/08)

### Key Provisions Regarding IHSA Rules

#### Eligibility Rules

When you become a member of an interscholastic team at your high school, you will find that both your school and the IHSA will have rules you must follow in order to be eligible for interscholastic participation. The IHSA's rules have been adopted by the high schools which are members of IHSA as part of the Association's constitution and by-laws. They must be followed as minimum standards for all interscholastic athletic competition in any member high school. Your high school may have additional requirements, but they may not be less stringent than these statewide minimums.

The principal/official representative of your school is responsible to see that only eligible students represent the school in interscholastic competition. Any question concerning your eligibility should be referred to your principal/official representative, who has a complete copy of all IHSA eligibility rules, including the Association's due process procedure. Only the IHSA Executive Director is authorized to make formal rulings on eligibility, so if your principal/official representative has questions or wishes assistance in answering your questions, the principal/official representative should contact the IHSA Office.

Information contained here highlights only the most important features of the IHSA by-laws regarding interscholastic eligibility. It is designed to make you aware of major requirements you must meet to be eligible to compete in interscholastic competition. The information here is only a general description of major by-law provisions and does not contain the statement of the by-laws in their entirety. You can review the by-laws at [www.ihsa.org](http://www.ihsa.org).

You may lose eligibility for interscholastic competition if you are not in compliance with IHSA by-laws. Remember, if you have any questions regarding IHSA rules, please contact your principal/official representative.

#### 1. Attendance

- A. You may represent only the school you attend. Participation on a cooperative team of which your school is a member is acceptable.
- B. You must be enrolled and attending classes in your high school no later than the beginning of the 11th school day of the semester.
- C. If you attend school for ten (10) or more days during any one semester, it will count as one of the eight (8) semesters of high school attendance during which you may possibly have eligibility.
- D. If you have a lapse in school connection for ten (10) or more consecutive school days during a semester, you are subject to ineligibility for the rest of the semester. The

specific terms of your extended absence must be reviewed by the Executive Director to determine if it is "lapse in school connection" or not.

#### 2. Scholastic Standing

- A. You must pass twenty (20) credit hours of high school work per week. Generally, twenty (20) credit hours is the equivalent of four (4) .5 credit courses (two full credits).
- B. You must have passed and received credit toward graduation for twenty (20) credit hours of high school work for the entire previous semester to be eligible at all during the ensuing semester.

#### 3. Residence

Your eligibility is dependent on the location of the residence where you live full time with your parents, parent who has been assigned custody by the court, or court appointed legal guardian.

You may be eligible if you are entering high school as a freshman and:

- A. You attend the public high school in the district in which you live full time with both of your parents, custodial parent or court appointed guardian, or
- B. You have paid tuition to attend a public school for a minimum of 7th and 8th grades in a district other than the one where you live with your parents, custodial parent or court appointed guardian and you continue to pay tuition as a high school student in that same district; or
- C. You attend a private/parochial school located within the boundaries of the public school district where you live with your parents, custodial parent or court appointed guardian; or
- D. You attend a private/parochial high school and have attended a private/parochial school for 7th and 8th grades, or for any four (4) grades from kindergarten through eighth grades; or
- E. You attend the private/parochial high school which one or both of your parents attended; or
- F. You attend a private/parochial high school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian.

#### 4. Transfer

- A. In all transfer cases, both the principal of the school from which you transfer and the principal of the school into which you transfer must concur with the transfer in writing on a form provided by the IHSA Office. ***You cannot be eligible when you transfer until this form is fully executed and on file in the school office.***
- B. If you transfer after classes begin for the current school term, you will definitely be ineligible for thirty days from the date you start attending classes at the new high school. In addition, you will be ineligible for that entire school term in any sport in which you engaged in any team activity, including but not limited to tryouts, drills, physical practice sessions, team meetings, playing in a contest, etc. at the school from which you transferred. For example, if you were out for cross country at the school from which you transfer and transfer after classes have started for the

school term, you will be ineligible for cross country that entire school term at the new school.

- C. If you transfer attendance from one high school to another high school, you will be ineligible unless:
    1. Your transfer is in conjunction with a change in residence by both you and your parents, custodial parent or court appointed guardian from one public school district to a different public school district;
    2. Your transfer is between high schools within a public school district and both you and your parents, custodial parent or court appointed guardian change residence to the district attendance area for the school to which you transfer;
    3. Your transfer is from a private/parochial school to your home public high school, you are entering a public high school for the first time, and the principals of both your former and the new school concur with your transfer;
    4. Your transfer is from one private/parochial school to another private/parochial school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian, you are changing high schools for the first time, and the principals of both your former and the new school concur with your transfer;
    5. Your parents are divorced or legally separated; you transfer to a new school in conjunction with a modification or other change in legal custody between your parents by action of a judge; and required court documents are on file at the school into which you transfer;
  - D. If you transfer in conjunction with a change in legal guardianship, a ruling on your eligibility must be obtained from the IHSA Office.
  - E. If you transfer attendance from one school to another while you are ineligible for any reason, the period of ineligibility imposed prior to your transfer or the period of ineligibility that would have been imposed had you stayed at the school, will be enforced at the school to which you transfer, even if you are otherwise in compliance with the by-laws.
  - F. Any questions about your eligibility in any of these instances must be resolved by a formal ruling from the IHSA Executive Director.
  - G. In all other transfer situations, a ruling by the IHSA Executive Director is necessary to determine your eligibility. This ruling must be obtained in writing by the principal/official representative of the school into which you transfer before you participate in an interscholastic athletic contest.
- 5. Age**  
You will become ineligible on the date you become twenty (20) years of age, unless your twentieth (20th) birthday occurs during a sport season. In that case, you will become ineligible in regard to age at the beginning of the sport season during which your twentieth (20th) birthday occurs.

**6. Physical Examination**

You must annually have placed on file with your principal/official representative a certificate of physical fitness, signed by a licensed physician, physician's assistant or nurse practitioner in order to practice or participate. Your physical examination each year is good for only one (1) year from the date of the exam. The physician's report must be on file with your high school principal/official representative.

**7. Amateur Status**

- A. If you win or place in actual competition, you may accept a medal or trophy for that accomplishment, without limit to its cost. Your school may provide IHSA state champions with championship rings/mementoes.
- B. For participating in competition in an interscholastic sport, or for athletic honors or recognition in a sport, you may receive any type of award (except cash, check or legal tender) that does not exceed \$75 fair market value. There is no limitation on the value of your school letter.
- C. The amateur rule does not prohibit you from being paid to referee, receiving pay for teaching lessons or coaching in a little kids league, etc. It only applies to your own competition in an athletic contest.
- D. If you violate the amateur rule, you become ineligible in the sport in which you violate. You must be reinstated by the Executive Director before you may compete again.

**8. Recruiting of Athletes**

- A. The by-laws prohibit recruiting of high school students for athletics. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.
- B. You will lose your eligibility if you enroll in or transfer to a school in response to recruiting efforts by any person or group of persons, connected with or not connected with the school, related to athletic participation.
- C. You will lose your eligibility if you receive special benefits or privileges as a prospective student-athlete which are not uniformly made available to all students who attend your school.
- D. You may not receive an "athletic scholarship" or any other special benefit from your school because you participate in athletics.
- E. It is a violation for any student-athlete to receive or be offered remuneration or any special inducement which is not made available to all applicants who apply to or enroll in the school.
- F. It is also a violation to induce or attempt to induce or encourage any prospective student to attend any member school for the purpose of participating in athletics, even when special remuneration or inducement is not given. Please remember that you may not be offered or receive any benefit, service, privilege or opportunity which is not also provided or made available to all prospective students at that school.

Note: If you are interested in finding out more information about a school, contact the principal/official representative or an administrator at the school, not a member of the coaching staff.

**9. School Team Sports Seasons**

- A. Each sport conducted by IHSA member schools has a starting and ending date. Your school may not organize a team, begin practice or participate in contests in a given sport until the authorized starting date. Your school may not continue to practice or participate in contests after the authorized ending date. This means that:
  - 1. During the school year, you may not participate on a non-school team coached by any member of your school's coaching staff unless it meets specific criteria established by the by-laws.
  - 2. No school coach may require you to participate in an out-of-season sport program as a requirement for being a member of a school team.
- B. Violation of the sport season by-laws will result in penalty to you and/or to your school's coaching personnel.

**10. Playing in Non-School Competition**

- A. During the time you are participating on a school team in a sport at your high school, you may neither play on a non-school team nor compete in non-school competition as an individual in that same sport or in any skill of that sport.
- B. If you participate in non-school competition during a sport season and subsequently wish to join the school team in the same sport, you will not be eligible.
- C. If you wish to participate in a competition sponsored and conducted by the National Governing Body, or its official Illinois affiliate for the sport, your principal/official representative must request approval in writing from the IHSA Office prior to any such participation.
- D. You may try out for a non-school team while you are on your school's team in that same sport, but you may not practice, receive instruction, participate in workouts, or participate in competition with a non-school team in that same sport until you cease being a member of your school's team. You cease being a member of your school's team when the team(s) of which you are a member terminates for the school term.
- E. You will become ineligible if you participate on, practice with or compete against any junior college, college or university team during your high school career.

**11. All-Star Participation**

- A. After you have completed your high school eligibility in the sport of football, basketball, soccer or volleyball, you may participate in three (3) all-star contests in any of these sports and still play for other school teams, provided:

- 1. the high school season in that sport has been completed.

You may lose your eligibility for other interscholastic sports if you play in all-star competition in any of these sports under any other conditions.

- B. You are not restricted from participating in all-star competition in sports other than football, basketball soccer or volleyball, except that you may not do so during the school season for the sport.

**12. Coaching Schools**

- A. A coaching school, camp or clinic is defined as any program, sponsored by an organization or individual, which provides instruction in sports theory and/or skills; which does not culminate in competition, and which is attended by more than two (2) persons from the school which the student attends.
- B. During the school term, you may not attend a coaching school or clinic for any interscholastic sport.
- C. You may attend a coaching school, camp or clinic during the summer (that period between the close of school in the spring and the opening of school in the fall) within the following criteria:
  - 1. You may not attend a coaching school, camp or clinic for any sport after Sunday of Week No. 5 in the IHSA Standardized Calendar (August 3, 2008).
- D. You may take a private lesson at any time provided no more than two students from your school are in the private lesson.

**13. Misbehavior During Contests**

- A. If you violate the ethics of competition or the principles of good sportsmanship, you may be barred from interscholastic athletic contests, either as a participant or spectator or both.
- B. If you are ejected from a contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. You are also subject to other penalties.

**The complete set of IHSA By-laws and Policies is available at [www.ihsa.org](http://www.ihsa.org).**